

SIGNATURE TREATMENTS

rience performed

with special African Intonga sticks

Cayenne Spa Body Wrap 120 min R 850

Full body exfoliation, full body wrap & full body massage

Cayenne Spa Facial 75 min R 550

Includes Hi - Frequency and cold stone therapy
relieving tension headaches

Africology Heated Stone Pedicure 60 min R 300

Africology Heated Stone Manicure 60 min R 260



SPA ETIQUETTE

Spa Treatment Hours:

The Spa is open from 9 am to 6 pm.
Mondays to Saturdays.

Spa Facilities:

Cayenne Spa features 3 single and 1 couples treatment room, sauna, heated pool and a gym.

Cancellation Policy:

Should the duration of a treatment exceed 2 hours, prepayment will be required. We will refund 100% of the treatment if cancellation is done within 24 hours.

No refund will be given if cancellation is done in less than 24 hours.

Reservations:

Booking in advance is strongly recommended. Bookings are made through Cayenne Spa reception.

Arrival:

Arrive 15 minutes prior to your scheduled treatment to change and complete a consultation form and 30 minutes earlier to use the sauna or heated pool facility.

Contraindications:

Please alert therapist if you have any of the following contraindications

- Injury to muscles
- Recent Surgery
- Pregnancy
- Diabetes / Epilepsy
- Allergy to nuts / product allergies
- High / low blood pressure / heart condition

Spa Vouchers:

Always the perfect gift. Available at Cayenne Spa reception.

Management and staff are not liable for the loss/ damage of personal property.

TREATMENTS

MASSAGE TREATMENTS

Scalp Therapy (Neck & Shoulders)	30 min	R 200
Herbal Oil Massage	75 min	R 490
Back, Neck & Shoulder Massage	30 min	R 250
Reflexology	60 min	R 390
Heated Stone Massage	75 min	R 610
Pregnancy Massage	75 min	R 490

BODY TREATMENTS

Wellness Wrap	60 min	R 550
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All wraps are 60 minutes. A choice of either an immune boosting or a cellulite detox wrap, according to your concerns

Inkomfi Body Exfoliation	45 min	R 350
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A gentle exfoliation of lifeless skin cells to promote a bright new you

Shea Body Conditioning Treatment & Massage	75 min	R 520
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A hydrating, soothing and conditioning massage using a choice of Jasmine, Neroli, Geranium, Black Pepper or Rosemary Shea Balm to improve the lustre of the skin

Soul Of Africa Back Conditioning Treatment & Massage	45 min	R 350
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A massage concentrating on your specific area of concern

FACIAL TREATMENTS

Classic Facial	60 min	R 400
Age Smart (Includes Hi - Frequency)	75 min	R 550
Environmental Control Facial	60 min	R 490
Mediback - Deep Cleansing Facial	60 min	R 490
Chorma White - Brightning Facial	60 min	R 490
Back Cleansing	60 min	R 400

CAYENNE SPA

SOOTHE YOUR SENSES



HANDS & FEET

Pedicure	60 min	R 260
Express Pedicure	30 min	R 190

A "lunch time" pedicure which includes nail and cuticle work, a short exfoliation of the skin on the feet, buffing and painting of the nails

Manicure	60 min	R 200
Express Manicure	30 min	R 160

A "lunch time" manicure which includes nail and cuticle work, a short exfoliation of the hands, buffing and painting of the nails

COUPLES TREATMENTS

Full Body Herbal Oil Massage	60 min	R 820
Heated Stone Massage	60 min	R 1 200
Body Ritual	75 min	R 1 200

Back exfoliation & body conditioning massage

Face And Body Fusion	120 min	R 1500
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Classic facial & full body massage

WAXING

Arm Wax	R 80
Underarm	R 60
Chest Wax / Back Wax	R 110
Bikini Wax	R 90
G - String	R 110
Brazilian / Hollywood	R 140
Full Leg	R 180
¾ Leg	R 140
Chin / Lip / Brow	R 60

SOOTHE YOUR SENSES